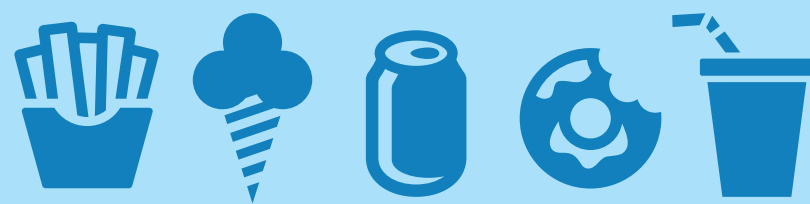


WHY DO CHILDREN NEED FLUORIDE?



Our mouths contain BACTERIA



That bacteria combines with sugars in the foods we eat and the beverages we drink and produces...

= ACID






The acid that is produced harms tooth enamel and damages teeth



FLUORIDE PROTECTS TEETH BY MAKING THEM MORE RESISTANT TO ACID

Get Your Fluoride Here!

-  Drink fluoridated water
-  Brush with the right amount of fluoridated toothpaste
-  Talk to your dentist or doctor about fluoride treatments

CAMPAIGN FOR
DENTAL HEALTH
life is better **WITH TEETH**

ILikeMyTeeth.org

Fluoride is an important mineral for all children. Talk to your doctor or dentist to learn more.

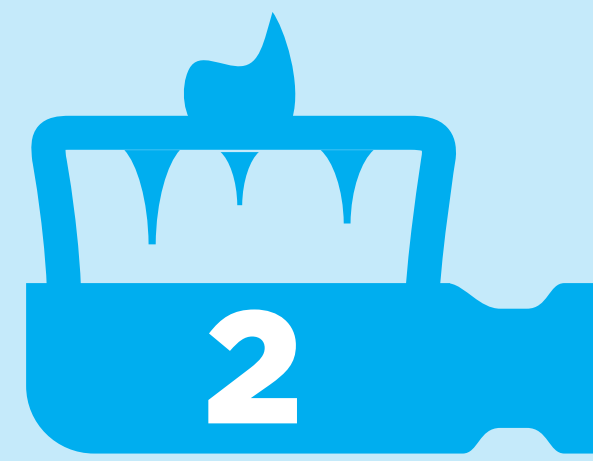


FLUORIDE: CAVITY FIGHTER

Children can maintain good oral health in 4 ways:



Drink water that has fluoride



Brush twice a day with the right amount of fluoridated toothpaste



Eat a healthy diet, limiting sweet drinks, sticky candies, and snacks



Talk to your dentist or doctor about fluoride treatments

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American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN™

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