



Monthly Immunization Update

June 2024

Dear Providers and Partners,

The purpose of this newsletter is to deliver quick and meaningful updates to support our providers in a variety of vaccine settings and, maintain our connection with all of you. We welcome your questions and comments. Please feel free to share this newsletter with your colleagues. Thank you!

Kick off Pride Month with Mpox Vaccination!



Pride season is not the only time of celebrations in the LGBTQ+ community. Events and celebrations happen all year long, so take important steps before, during, and after any celebration to keep yourself healthy! Visit your health care provider or find a health clinic to stay up to date with your sexual health care. Discuss the types of sex you have so that your provider can offer [testing](#) and prevention services, including [vaccines](#), that are right for you.

- Get tested for viral hepatitis and consider vaccinations for hepatitis A and B.
- Learn more about mpox and be sure to get your two-dose [mpox vaccine](#). Unvaccinated people and [people who have not received both doses who could benefit from vaccine](#) may still be at risk. The best protection against mpox occurs 2 weeks after the second shot, so plan ahead. In the current outbreak, mpox is often transmitted through close, sustained physical contact, almost exclusively associated with [sexual contact](#). If you have symptoms of mpox, visit a healthcare provider and get tested, even if you have been vaccinated.
- For more information please click [here](#).

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Parents often have questions about the vaccines recommended for their children. Your child's doctor can answer any questions you might have. Most families decide to follow the [recommended vaccination schedule](#).

Vaccines protect against diseases

Different vaccines work in different ways, but every vaccine helps the body's immune system learn how to fight germs. It typically takes a few weeks for protection to develop after vaccination, but that protection can last a lifetime. A few vaccines, such as those for tetanus or seasonal flu, require occasional booster doses to maintain the body's defenses.

For more information please click [here](#).

PrEP Program



PrEP services are now available at both South Oxnard and North Oxnard Public Health Clinics! **Clinic Phone Number:** 805-981-5221

Your Health is Our Priority

1. Public Health accepts individuals with no insurance or those who are underinsured.
2. We can provide referrals and connections to community resources.

What is PrEP?

PrEP stands for pre-exposure prophylaxis. That means routinely taking prescription medicine before you're exposed to HIV to help reduce your chances of getting it.. The Ready, Set, PrEP program provides free PrEP HIV- prevention medications to thousands of people living in the United States, including tribal lands and territories, who qualify. It expands access to daily oral PrEP medications to help reduce the number of new HIV transmissions and bring us one step closer to ending HIV epidemic in the United States.

What do I need to know?

- PrEP must be taken every day in order to be effective
- People may use PrEP include HIV negative people in a monogamous relationship with HIV positive people, non monogamous people in high risk population, and IV drug users.
- When taken daily, it reduces the risk of contracting HIV by 92% for those exposed regularly.
- It is safe to take, but people using it may experience side effects like an upset stomach, loss of appetite, or headache.
- Many insurances will pay for PrEP, but you should check with yours before beginning it, or find an assistance program near you.

Announcements:

Ventura County Public Health's Immunization Program will be hosting free Tdap events open to the public on the following dates:

- Friday, June 7th, at Anacapa Middle school from 2:00PM-6:00PM
100 S. Mills Rd., Ventura, CA 93003
- Wednesday, August 14th, at E.O. Green Jr High from 1:00-5:00PM
3739 South C Street, Oxnard, CA 93033

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VACCINATION

We are on the web!

<https://vchca.org/immunization-program>

or follow us on

