



VENTURA COUNTY PUBLIC HEALTH

Protecting Health - Promoting Wellness



Monthly Immunization Update

June 2024

Greetings Ventura County Schools and Partners,

This newsletter is meant to keep you updated on issues related to vaccines quickly and easily and maintain our connection with all of you. We welcome your questions and comments. Please feel free to share this newsletter with your colleagues. Thank you!

How do measles outbreaks start in the United States?



In the United States, measles cases originate from international travel. The disease is brought into the United States by unvaccinated people who get infected in other countries. Typically 2 out of 3 of these unvaccinated travelers are Americans. They can spread measles to other people who are not protected against measles, which sometimes leads to outbreaks. Since measles is still common in many countries, unvaccinated travelers bring measles to the United States, and it can spread. Protect yourself, your family, and your community with the MMR vaccine, especially before traveling internationally. Measles remains a common disease in many parts of the world, including Europe, the Middle East, Asia, and Africa. Each year, an estimated 128,000 people die from measles. Many countries and popular travel destinations have experienced measles outbreaks in recent years, including the UK, Israel, India, Thailand, Vietnam, Japan, Ukraine, the Philippines, and more.

The best way to protect yourself and your loved ones from measles is by getting vaccinated. You should plan to be fully vaccinated at least 2 weeks before you depart. If your trip is less than 2 weeks away and you're not protected against measles, you should still get a dose of the [measles-mumps-rubella \(MMR\) vaccine](#). The MMR vaccine protects against all 3 diseases.

Inside this issue:

Measles

1

* Two doses of MMR vaccine provide 97% protection against measles.

* One dose provides 93% protection.

Mpox Vaccine

2

Call your doctor, your local health department, or [locate a pharmacy or clinic near you](#) to schedule an appointment for a MMR vaccine. CDC does not recommend measles vaccine for infants younger than 6 months of age.

Updates and Reminders

2



Kick off Pride Month with your Mpox vaccination!

CDC recommends vaccination against mpox if:

- * You had known or suspected exposure to someone with mpox
- * You had a sex partner in the past 2 weeks who was diagnosed with mpox
- * You are a gay, bisexual, or other man who has sex with men or a transgender, nonbinary, or gender-diverse person who in the past 6 months has had any of the following:
 - *A new diagnosis of one or more sexually transmitted diseases
 - *More than one sex partner
 - *You have had any of the following in the past 6 months:
 - *Sex at a commercial sex venue (like a sex club or bathhouse)
 - *Sex related to a large commercial event or in a geographic area (city or county for example) where mpox virus transmission is occurring
 - *You have a sex partner with any of the above risks
 - *You anticipate experiencing any of the above scenarios
 - *You are at risk for occupational exposure to orthopoxviruses (e.g., certain people who work in a laboratory or a healthcare facility).



Updates & Reminders!

- **June is Pride Month! Pride is a joyful celebration of all of the beautiful identities of our LGBTQ+ community.**
- **Ventura County Public Health's Immunization Program will be hosting free Tdap event open to the public on the following date:**
 - **Friday, June 7th, 2:00pm-6:00pm at Anacapa Middle School
100 South Mills Road. Ventura, CA 93003**
 - **Friday, August 14th, 1:00pm-5:00pm at E.O. Green Middle School
3739 South C Street. Oxnard, CA 93033**

Ventura County Public Health Immunization Program

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We are on the web!

<https://vchca.org/immunization-program>

or follow us on



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