## BECOMING A COUNTY OF VENTURA AED PROGRAM VOLUNTEER

## I. Awareness Training Requirements

- a. Employees will be introduced to the definitions of sudden cardiac arrest, ventricular defibrillation, and the intentions of Senate Bill 911.
- b. Employees will be introduced to the operation and maintenance of the Automatic External Defibrillator Equipment.
- c. Employees will be introduced to the elements of the County's Automatic External Defibrillation Program and offered the opportunity to participate.

## II. CPR/AED Training Program Requirements

- a. Volunteering employees, with departmental approval, may participate in the County's Automatic External Defibrillator Program.
- b. Training shall consist of not less than 4 hours instruction in the following topics and skills:
  - i. Proper use, maintenance and inspection of the AED model used in this program.
  - ii. The importance of CPR, defibrillation, advanced life support, and an internal emergency response system
  - iii. An overview of the local EMS System, including 911 access, and interaction with EMS personnel
  - iv. Assessment of an unconscious individual to determine if cardiac arrest has occurred and appropriateness of the use of an AED
  - v. Information relating to defibrillator safety precautions
  - vi. Recognition that an electrical shock has been delivered to the patient and that the defibrillator is no longer charged
  - vii. Rapid accurate assessment of the patient's post shock status to determine if further activation of the AED is necessary
  - viii. The Authorized Individuals responsibility of continuation of care until the arrival of more medically qualified personnel
- c. In order to be issued a written validation / authorization to use the AED, employees must successfully complete the following:
  - i. Written evaluation as part of the initial CPR/AED training;
  - ii. Quarterly Skills Verification utilizing a software testing program;
  - iii. Annual verification of skills utilizing a manneguin.
- d. CPR/AED certification must be renewed every two years by attending 4 hours of instruction.