

Cómo **DEJAR DE FUMAR** puede **mejorar su salud bucal** con el tiempo



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Fuentes: 1: *Smoking Cessation*; Cleveland Clinic; 2014 2: *Disappearance of Smoker's Melanosis after Reducing Smoking*; Journal of Oral Pathology and Medicine; 1993

3: *The Health Consequences of Smoking*; Surgeon General Report; 2004 4: *Health and other benefits of quitting*; Tobacco in Australia; 2016

5: *How Tobacco Smoke Causes Disease: The Biology and Behavioral Basis for Smoking-Attributable Disease*; Departamento de Salud y Servicios Humanos de los Estados Unidos; 2010

6: *Benefits of quitting tobacco*; Biblioteca Nacional de Medicina de los EE. UU.; 2015



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