

# WHAT GAY & BISEXUAL MEN NEED TO KNOW ABOUT

# MONKEY POX



Cases have been detected among gay and bisexual men but are **not exclusive** to any one community.

## WHAT IS MONKEYPOX?

Monkeypox is a viral infection transmitted through close personal contact, including kissing, sex, and other skin-to-skin contact.

## WHAT ARE THE SYMPTOMS?

KEY SYMPTOM



### RASH, BUMPS, OR BLISTERS

These may appear anywhere on the body, including the genitals. This may look similar to syphilis, herpes, or other common skin rashes.

OTHER SYMPTOMS



**FEVER &  
HEADACHES**



**MUSCLE  
ACHES**



**SWOLLEN  
LYMPH NODES**

Symptom onset ranges from 5 - 21 days

## WHAT YOU CAN DO?



### STAY INFORMED

Remain calm. This is a rapidly changing situation. Visit CDC or CDPH websites for up-to-date guidance.



### CONTACT

If you have symptoms, call (do not visit) your health care provider, and ask about testing.



### TAKE A BREAK

If you have symptoms, stay at home, wear a mask, and cover sores to protect others.



## ANYONE CAN GET MONKEYPOX

**Blaming any one community may harm public health efforts and cause providers to miss monkeypox in other people.**

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