

# Monthly Immunization Update

November 2023

Dear Schools and partners ,

The purpose of this newsletter is to deliver quick and meaningful updates to support our schools and partners in a variety of vaccine settings, and maintain our connection with all of you. We welcome your questions and comments. Please feel free to share this newsletter with all of your colleagues. Thank you !

## *Healthy Gatherings*

As holidays are approaching the single best way to reduce the risk of seasonal flu and its potentially serious complications is to get vaccinated each year, but good habits like avoiding people who are sick, covering your cough and washing your hands often can help stop the spread of germs and prevent respiratory illnesses like flu.

Some tips and resources below will help you learn about actions you can take to protect yourself and others from flu and help stop the spread of germs.

### **1. Avoid close contact.**

Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.

### **2. Stay home when you are sick.**

If possible, stay home from work, school, and errands when you are sick. This will help prevent spreading your illness to others.

### **3. Avoid touching your eyes, nose or mouth.**

Germs can be spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose or mouth.

For more tips and resources please see the [Centers for Disease Control and Prevention website](https://www.cdc.gov).

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## School Immunization Reporting Reminder

All public and private licensed childcares and schools are required  
To submit an annual immunization assessment report . **Reporting  
Closes December 1st, 2023**

Reporting instructions and useful resources :

Instructions : [Pre-K](#) | [TK/K](#) | [7thGrade](#)

Reporting online training modules : [Pre-K](#) | [TK/K](#) | [7th Grade](#)

Reporting site : [CAIR Hub](#) > Immunization Reporting application

FAQs: [All cohorts](#)

## Community Achievements

Ventura County Public Health Immunization Program, in collaboration with Emergency Medical Services, Public Health Clinics, Communicable Disease Program, MICOP, and the Medical Reserve Corps, just finished up this season's large scale immunization events. Collectively, at our four POD's and immunization events , 679 flu vaccines were administered in communities across our county. At the **school located events** almost 1,000 Tdap vaccines have been administered , We thank all those who helped accomplish this great activity!



## National Influenza Vaccination Week

From **December 5-9, 2022** we will be observing National Influenza Vaccination Week, reminding everyone 6 months and older that there's still time to get a flu vaccine.

We hope you will join us this year as we encourage everyone—especially children and others at higher risk—to protect themselves and their loved ones from flu this season by getting a flu vaccine.



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We are on the web!

<https://vchca.org/immunization-program>

or follow us on

