



VENTURA COUNTY  
HEALTH CARE AGENCY

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***FOR IMMEDIATE RELEASE:***

## **Ventura County Medical Center Diabetes Education Program Merits Prestigious ADA Recognition**

(VENTURA, Calif.) – The prestigious American Diabetes Association (ADA) Education Recognition Certificate for a quality diabetes self-management education program was recently awarded to Las Islas Diabetes Center for the Diabetes Self-Management Program. The program was recognized in February of 2014. ADA believes that this program offers high-quality education that is an essential component of effective diabetes treatment.

The Association's Education Recognition Certificate assures that educational programs meet the National standards for Diabetes Self-Management Education Programs. These Standards were developed and tested under the auspices of the National Diabetes Advisory Board in 1983. Programs apply for Recognition voluntarily. Programs that achieve Recognition status have a staff of knowledgeable health professionals who can provide participants with comprehensive information about diabetes management. "The process gives professionals a national standard by which to measure the quality of services they provide," said Dr. Theresa Cho, Director of Diabetes for Ventura County Medical Center. Education Recognition status is verified by an official certificate from ADA and awarded for four years.

According to the American Diabetes Association, there are 25.8 million people, or 8.5% of the population in the United States who have diabetes. While an estimated 18.8 million have been diagnosed, unfortunately, 7.0 million people are not aware that they have the disease. Many will first learn that they have diabetes when they are treated for one of its life-threatening complications – heart disease and stroke, kidney disease, blindness and nerve disease and amputation.



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The American Diabetes Association is the nation's leading non-profit health organization supporting diabetes research, advocacy and information for health professionals, patients and the public. The Las Islas Diabetes Center, located in Oxnard, was established in 2010, sees approximately 1,800 patient visits a year and continues to grow. For more information on the services offered, please call 805-204-9510.

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