

## VCBH ALCOHOL & DRUG PROGRAMS YOUTH SERVICES

...provides a broad range of services for alcohol and drug-related problems which include prevention services, assessment, treatment, crisis intervention and referral services to youth and families. Our programs are county-wide, with clinics located in Oxnard, Ventura, Simi Valley and Fillmore. Services consist of school programs, specialty court programs, and clinics serving the general community. The school based programs are at Pacific High School, Frontier High School, and the Gateway Recovery Classroom. Referrals to our programs come through families, school counselors, teachers, community-based organizations, mental health providers, and probation.

## PREVENTION SERVICES

...works to prevent alcohol and other drug-related community problems using environmental and community change approaches. Programs help youth through support, referral services and outreach programs. Our initiatives are underage and binge drinking, impaired driving and other drugs of abuse. We contract with the Ventura County Office of Education "Friday Night Live" youth program, and Straight Up youth development project.



*Drinking was the cool thing to do. I wanted to fit in and have fun. Getting help is not just about being clean and sober. For the first time I have hope that I can achieve anything.*



## IN OUR COMMUNITY

In collaboration with law enforcement, educators, parents and community groups, we are taking steps to make our path for our youth a safe one and help to sustain healthy communities in Ventura County. A snapshot of our efforts:

- Initiated the passing of Social Host Ordinances in all of the cities and unincorporated areas of Ventura County to combat underage drinking. Social Host Ordinance's target the location in which underage drinking takes place. Private homes are the settings most frequently identified as the "place of last drink" among young DUI offenders in Ventura County. These laws hold individuals responsible for underage drinking events.

## OUTPATIENT TREATMENT SERVICES

### Services

- Services provided at our clinics in Oxnard, Ventura, Simi Valley and Fillmore
- Standard program for youth 12–17 years of age; Transitional-age youth program 18–21 years of age
- 3–9 month program
- Ten or less in a group
- Two groups per week; 1-½ hour sessions
- Confidential treatment services
- Individual and group counseling
- Family counseling
- Drug testing
- Drug Medi-Cal reimbursed

### Curriculum

Youth Services programs use an evidence-based treatment curriculum. This is not a 12-step based program, but rather an intensive outpatient model for youth with alcohol and other drug-related problems. Our evidence-based treatment curriculum is a research and scientifically based curriculum for working with adolescents.

Our curriculum consists of individual, group and family sessions, and parent and youth substance use education groups. The primary goal of the curriculum is to improve the lives of individuals and families affected by alcohol and other drug use through treatment and education, with an emphasis on relapse prevention.

## YOUNG ADULT DUI PROGRAM

Our Young Adult DUI Program for 18–25-year-olds targets the transitional age youth with a DUI offense. The Young Adult Program includes educational sessions, group and individual counseling. Our curriculum is specific to changing substance use related behaviors and preventing future DUI offenses. Along with counseling and family involvement, the program emphasizes increasing awareness of the dangers of impaired driving and risks associated with this behavior.

- Host "Reality Parties" through Straight Up Reality Improv, to teach parents about underage drinking parties. Straight Up youth want parents to face the current realities and learn how adults can help to change these dangerous social norms in Ventura County.
- Give educational presentations in local schools to educate teachers and parents about the dangers of alcohol and drug use.
- Provide cities with Alcoholic Energy Drinks warning signs in retail establishments.
- Partner with law enforcement targeting DUI prevention efforts.
- Talk to parents and youth about prescription and over-the-counter drug abuse and help to establish safe disposal bins in local police stations.
- Work to ensure safe alcohol retail practices in our cities.

## OUR PARTNERS

Ventura County Human Services Agency  
Ventura County District Attorney  
Ventura County Superior Court  
Ventura County Office of Education

Ventura County Mental Health  
Ventura County Public Defender  
Ventura County Probation Agency  
Ventura County Public Health

prevention



treatment

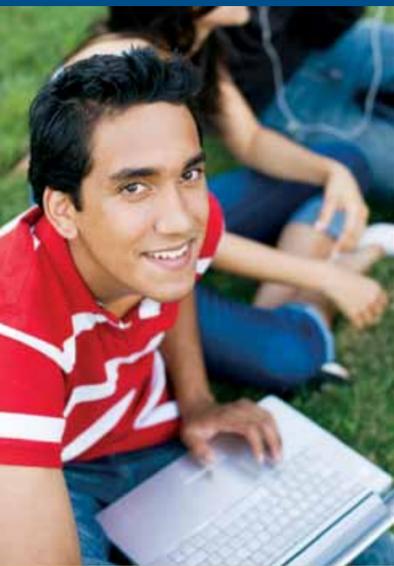
## WHY VENTURA COUNTY ALCOHOL & DRUG PROGRAMS?

- Multi-lingual staff & programming
- Evidence-based treatment model
- Standardized assessment and validated screening tool
- State certified alcohol and drug counselors
- Licensed staff
- Therapist referrals
- Licensed Drug Medi-Cal provider
- Employment internship opportunities
- Clinics across the county
- Outcome-driven services
- Medical screening by qualified physician assistants
- State and national recognition awards for excellence in service

evidence-based

### Access to a Full Range of Services, Including:

- Prevention, education & intervention
- Screening, assessment & referral
- Drug testing
- Access to detoxification referrals
- Joint agency collaboration with mental health services
- Crisis mental health emergency services
- Collaborative inter-agency team approach
- On-site HIV testing and counseling
- Residential treatment referrals



Ventura County Alcohol and Drug Programs is committed to working with each and every family in order for adolescents to receive the services they need. Our trained staff will review every possible means to cover these costs by qualifying youth for Drug Medi-Cal substance use benefits.

“One of the best feelings is having kids who come from rock bottom start to move to new levels of understanding, and then say “thank you” for helping them on the path to recovery.”

— John Rivera, Adolescent Alcohol and Drug Treatment Specialist

## OUTPATIENT TREATMENT PROGRAMS

### Ventura Center

24 East Main Street  
Ventura, CA  
805-652-6919

### Oxnard Center

1911 Williams Street  
Oxnard, CA  
805-981-9200

### Simi Valley Center

3150 Los Angeles Avenue  
Simi Valley, CA  
805-577-1724

### Fillmore Center

828 Ventura Street, Suite 250  
Fillmore, CA  
805-524-8644

**Clinic Hours:** Monday-Friday: 8:00 am to 5:00 pm.

**For more information** about our Youth Services Programs call 805-981-9200.



## ALCOHOL & DRUG PROGRAMS

Ventura County Alcohol and Drug Programs provide high quality, affordable behavioral healthcare and substance use treatment services. We are fully licensed and certified by the State of California.

Rules for acceptance and participation in the program are the same for everyone without regard to race, color, national origin, age, sex, or disability. We encourage culturally competent and language appropriate collaborations with families, professionals, and communities.

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## VENTURA COUNTY ALCOHOL & DRUG PROGRAMS

# youth services



Helping Teens.  
Saving Lives.  
Healing  
Communities.



## ALCOHOL & DRUG PROGRAMS

1911 Williams Drive, Oxnard, CA 93036 • (805) 981-9200

[www.VenturaCountyLimits.org](http://www.VenturaCountyLimits.org)