

VENTURA COUNTY ALCOHOL & DRUG PROGRAMS

# adult services

*Hope.  
Help.  
Healing.*



VENTURA COUNTY  
**BEHAVIORAL HEALTH**  
ALCOHOL & DRUG PROGRAMS

# the myths

***Marijuana is not addictive.***

***Over the counter and prescription drugs are always safe.***

***I can still have one drink if I'm pregnant.***

## **The facts:**

- 1) Long-term use of marijuana can lead to compulsive seeking and abuse that interfere with normal life activities. Research shows that approximately 9% of people who use marijuana became dependent.
- 2) Youth and young adults are the fastest growing segment of the population abusing prescription drugs. The misuse of prescription drugs is second only to marijuana as the nation's most prevalent drug problem.
- 3) Alcohol consumed during pregnancy increases the risk of alcohol related birth defects, including growth deficiencies, facial abnormalities, central nervous system impairment, behavioral disorders, and impaired intellectual development. No amount of alcohol consumption can be considered safe during pregnancy. Alcohol can damage a fetus at any stage of pregnancy.

Sources: 1) *Marijuana in Ventura County: A Gateway for Discussion (Second Edition)*, 2014. 2) *Office of National Drug Control Policy (ONDCP), Fact Sheet: Prescription Drugs: Weighing the Benefits and the Risks*, 2010. 3) *Centers for Disease Control and Prevention (CDC)*.

## VCBH ALCOHOL & DRUG PROGRAMS

### ADULT SERVICES

...offer a range of outpatient treatment services designed to help individuals coping with a substance use disorder. Our services include screening, crisis intervention, individual, group and family counseling, HIV education, assessment and evaluation, referrals to community based services, and outreach to the community. Our programs serve the entire county, with clinics located in Oxnard, Ventura and Simi Valley. Specialized programs provide services for persons who have been dually diagnosed with substance use and mental health problems.

### PREVENTION SERVICES

...are designed to prevent alcohol and other drug-related community problems using environmental and community change approaches. The mission is to implement effective and sustainable primary prevention initiatives to reduce community alcohol and other drug problems. We engage many segments of our community including residents, coalitions, a wide range of agencies including law enforcement, medical partners, colleges and universities, and elected officials; all to address the problems posed by alcohol and drugs across Ventura County.

### SNAPSHOT OF COMMUNITY EFFORTS

- Initiated the passing of Social Host Ordinances in the cities and unincorporated areas of Ventura County to combat underage drinking. These laws hold individuals civilly liable for underage drinking parties by imposing a fine.
- Present educational presentations in local schools to educate staff and parents about the dangers of alcohol and drug use, and strategies to reduce risks.
- Provide support to cities with an effective management of retail establishments.
- Partner with various agencies to address the problem of impaired driving and ways to prevent the tragedies that result.
- Talk to parents and youth about prescription and over-the-counter drug misuse and help to establish safe disposal bins in local police stations.
- Work to ensure safe alcohol retail practices county-wide.

prevention

## A NEW START FOR MOMS

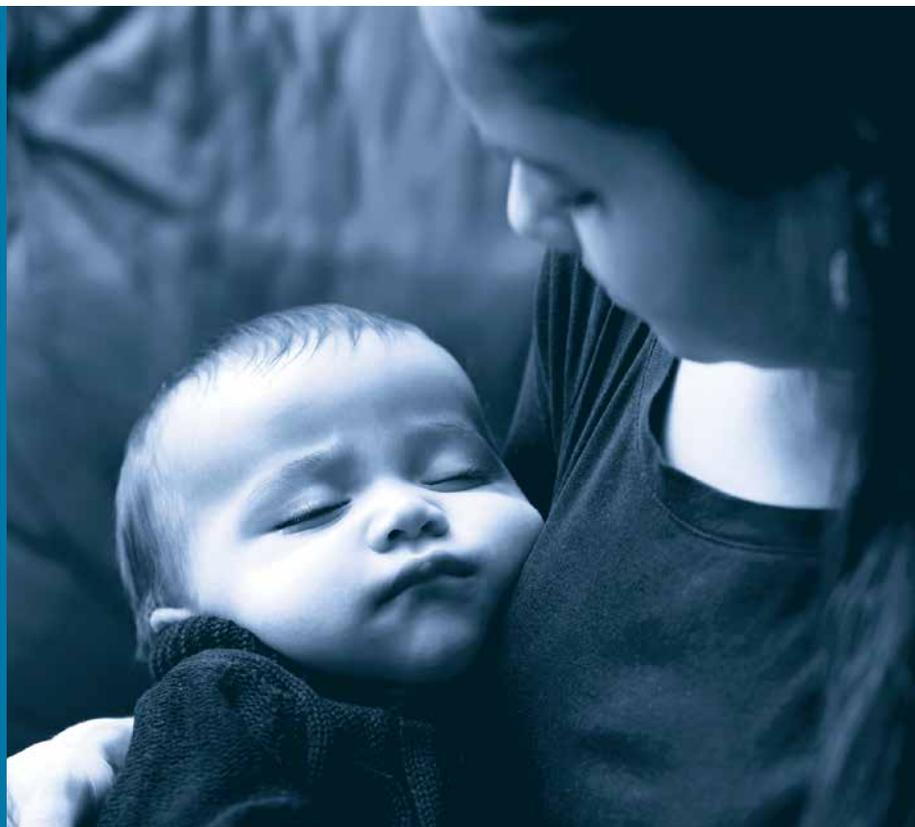
...is a special program in Ventura County where women can get help for alcohol and other drug-related problems. Our center is special because we offer services not only to women age 18 and over, but especially to those who are pregnant or have children. Dealing with one's own alcohol or drug problems is especially difficult when there are children to consider. We give women a second chance at healing and ensuring the health and safety of their children.

### A New Start for Moms offers:

- Alcohol and Drug Treatment
- Basic Health Screening
- Parenting Education
- On-Site Child Watch Services
- Psychiatric Evaluation
- Referrals to Services
- HIV Education
- Infant and Child Assessment

# women

“  
*I had no idea  
that my drinking  
alcohol would  
affect his ability  
to speak or  
learn to walk.*”



## OUTPATIENT TREATMENT SERVICES

Our Adult Services are designed for adults 18 and over seeking help with alcohol and/or other substance use problems. Our Centers promote recovery from substance use problems and provide leadership in the treatment of alcohol, substance use and co-occurring substance use and mental health disorders. We strive to reduce the destructive effects of the use and abuse of alcohol and other drugs on individuals, families, and the community. We are dedicated to our clients' empowerment in their personal journeys of recovery from addiction. Our Centers serve Ventura County, with locations in Oxnard, Ventura and Simi Valley. An individual with a substance use problem, along with their family members, will receive treatment in a caring and client-centered environment. Counselors are available to provide treatment, education and support, leading to the development of a healthy lifestyle and the hope for a brighter tomorrow.

### Services

Individual and group counseling • Family counseling • Community referrals  
Co-occurring Disorders program for individuals with substance use  
and a mental health diagnosis • Programs for court-mandated individuals  
Drug testing • Confidential treatment services • Education and support services  
Intensive outpatient program for women and children • Crisis intervention

## ALCOHOL & DRUG PROGRAMS ALSO OFFER:

### The DUI Program

...offers a First Offender DUI Program and a Multiple Offender DUI Program for individuals convicted of driving under the influence.

### Youth Services

...include prevention services, assessment, treatment, crisis intervention and referral services to youth and families.

### Prevention Services

...works to prevent alcohol and other drug-related community problems using environmental and community change approaches.

# WHY VENTURA COUNTY ALCOHOL & DRUG PROGRAMS?

- Multi-lingual staff & programming
- Evidence-based treatment model
- Standardized assessment and validated screening tool
- State certified alcohol and drug counselors
- Licensed staff
- Therapist referrals
- Licensed Drug Medi-Cal provider
- Employment internship opportunities
- Clinics across the county
- Outcome-driven services
- Medical screening by qualified physician assistants
- State and national recognition awards for excellence in service

evidence-  
based

## **Access to a full range of services, including:**

- Prevention, education & intervention
- Screening, assessment & referral
- Drug testing
- Access to detoxification referrals
- Joint agency collaboration with mental health services
- Crisis mental health emergency services
- Collaborative inter-agency team approach
- On-site HIV testing and counseling
- Residential treatment referrals

## LOCATIONS

### Outpatient Treatment Programs

**Clinic Hours:** Monday–Friday, 8:00 AM–5:00 PM

**For more information** about our Adult Services Programs call (805) 981-9200.

#### **Ventura Center**

24 East Main Street  
Ventura, CA  
(805) 652-6919

#### **Simi Valley Center**

3150 Los Angeles Avenue  
Simi Valley, CA  
(805) 577-1724

#### **Oxnard Center**

1911 Williams Drive  
Oxnard, CA  
(805) 981-9200

#### **A New Start for Moms**

1911 Williams Drive, Suite 140  
Oxnard, CA  
(805) 981-9250

### Driving Under the Influence (DUI) Programs

- Thousand Oaks DUI: 125 W. Thousand Oaks Blvd., Suite 400, Thousand Oaks (805) 777-3506
- Fillmore DUI: 828 Ventura Street, Suite 250, Fillmore • (805) 524-8644
- Oxnard DUI: 1911 Williams Drive, Suite C, Oxnard • (805) 981-9210
- Simi Valley DUI: 3150 E. Los Angeles Avenue, Simi Valley • (805) 520-0305
- Ventura DUI: 5850 Thille Street, Suite 105, Ventura • (805) 662-1840

### Youth Services

- Oxnard Center: 1911 Williams Drive, Oxnard • (805) 981-9200
- Simi Valley Center: 3150 E. Los Angeles Avenue, Simi Valley • (805) 577-1724
- Ventura Center: 24 East Main Street, Ventura • (805) 652-6919
- Fillmore Center: 828 Ventura Street, Suite 250, Fillmore • (805) 524-8644

### Prevention Services

1911 Williams Drive, Suite 210, Oxnard, CA 93036 • (805) 981-6831



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**BEHAVIORAL HEALTH**  
ALCOHOL & DRUG PROGRAMS

1911 Williams Drive, Oxnard, CA 93036  
(805) 981-9200

[www.VenturaCountyLimits.org](http://www.VenturaCountyLimits.org)

Ventura County Alcohol and Drug Programs provide high quality, affordable behavioral healthcare and substance use treatment services. We are fully licensed and certified by the State of California.

Rules for acceptance and participation in the program are the same for everyone without regard to race, color, national origin, age, sex, or disability. We encourage culturally competent and language appropriate collaborations with families, professionals, and communities.

The Centers operate on a sliding fee scale and accept private insurance, Drug Medi-Cal and private pay.