

BEHAVIORAL HEALTH ADVISORY BOARD
YOUTH & FAMILY COMMITTEE
MINUTES ■ Wednesday, November 14, 2018

<p><u>Members Present</u> Denise Nielsen, Committee Chair Margaret Cortese, BHAB Martie Miles, Aspiranet Marika Collins, Casa Pacifica Crystal Cummings, Kids & Families Together Laurie Jordan, Rainbow Connection Yanka Ricklefts, SELPA Lori Litel, United Parents</p> <p><u>Others Present</u> Carole Shelton Danielle Shaw, M.D., Casa Pacifica</p>	<p><u>VCBH Managers/Staff Present</u> Pete Pringle, Youth & Family Division Chief Dina Olivas, Youth & Family Division Sr. Manager Julie Glantz, Crisis Team and RISE Manager Hilary Carson, MHSA Pam Roach, Transformational Liaison Edith Pham, BHAB Assistant</p> <p>NEXT MEETING: Wednesday, January 9, 10:00 a.m. – 12:00 pm Ventura County Behavioral Health 1911 Williams Drive, Training Room (first floor), Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Nielsen called the meeting to order at 10:10 a.m.		
II.	Approval of the Agenda Ms. Nielsen asked the Committee to review and approve today’s agenda. Laurie Jordan moved to approve the agenda, Lori Litel seconded. Dina Olivas noted that Dr. Acosta cannot attend the meeting and will not give a report as noted on the agenda. The motion passed unanimously as amended.	The agenda was approved as amended. M/S/C	
III.	Approval of the Minutes Ms. Nielsen asked the committee to review and approve the minutes of the October 10, 2018 meeting. Ms. Olivas moved to approve, Marika Collins seconded. The motion passed unanimously.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Ms. Nielsen welcomed everyone and asked for introductions.		
V.	Chair Announcements Ms. Nielsen noted that she attended a Cal Parents and Caregivers meeting. It included a panel of state agencies representatives who discussed access to services.		
VI.	Public Comments None.		
VII.	Old Business: Develop Action Plan The committee continued the discussion on developing an action plan for reaching its Fiscal Year 2018-19 objectives, focusing on objective 1.c: “Advocate for the availability of psychiatric hospital beds in the county for the pediatric population. Ensure communication and care coordination of medical information between care providers.” Current problems include: <ol style="list-style-type: none"> 1. Psychiatrists are not informed when a client is hospitalized. 2. When a hold is written but no psychiatric beds are available, the youth may linger in the emergency department without receiving appropriate treatment. 3. There is no parity between children and youth who have private insurance and those who have Medi-Cal coverage, although there has been some improvement from some private insurance companies. Pete Pringle reminded all that VCBH has oversight of Medi-Cal clients treatment but not those with private insurance. Recommendations include: <ol style="list-style-type: none"> 1. Invite Beacon and law enforcement to send representatives to this committee meetings. 		

	<ol style="list-style-type: none"> 2. Get a flow chart of services that are available through the Crisis Team. 3. Establish a liaison with hospitals. 4. Inform parents that they can file a grievance with the state Department of Managed Care and request approval for their children to receive needed services. 		
VIII.	<p>Ventura County Behavioral Health (VCBH) Youth & Family Division Updates</p> <p>A. Youth & Family Division – Pete Pringle</p> <ol style="list-style-type: none"> 1. Vista del Mar Psychiatric Hospital has reopened with 27 beds. Ten of them are for youth, although there is flexibility based on needs. 2. Overall, the number of youth hospitalizations has decreased significantly. Four years ago, the average was 40-50 admissions per month, now it is 18-20 thanks to the Crisis Stabilization Unit (CSU) and the Crisis Team. 3. From inception through 11/10/18, the CSU has had 939 admissions, with 524 children diverted back to home (56% diversion rate). Children who are diverted back to home receive follow-up services. Julie Glantz noted that for children who are not connected to a VCBH outpatient clinic, the Rapid Integrated Support and Engagement (RISE) Team provides outreach, engagement and link to additional support. 4. VCBH has been responding to the needs of the community following the mass shooting in Thousand Oaks. It deployed a team at the Teen Center in Thousand Oaks to provide assistance to community members who requested it; VCBH is grateful that Santa Barbara County sent some of its staff to help with this. VCBH is helping debrief first responders. 5. VCBH staff, along with staff from the private sector, are providing support to the community affected by the Hill and Woolsey fires. 6. Ms. Glantz noted that the VCBH Crisis Team has been providing crisis services to children and youth for two years. The team has received extensive training on this population, including from the Patient Rights Advocate. 73% of calls to the Crisis Team are responded to within one hour, and 24% of calls result in a 5150 involuntary hold. Ms. Glantz is actively recruiting for seven positions, which are hard to fill due to the nature of the work and the need to be flexible with work schedule. <p>B. Youth & Family Division Medical Director – Lisa Acosta, M.D. Dr. Acosta was not in attendance, and this item was removed from the agenda.</p> <p>C. Mental Health Services Act (MHSA) – Hilary Carson</p> <ol style="list-style-type: none"> 1. MHSA staff are compiling the results of the Community Needs Assessments that were received online, through hard copies of the surveys, and during focus group meetings. 2. MHSA is aiming for a January launch of a text support program for youth and adults. Under this program, clients being discharged from the Inpatient Psychiatric Unit or the Crisis Stabilization Unit will, if they agree, receive text messages as a way for VCBH staff to check on their progress. 		
IX.	<p>Committee Members’ and Participants’ Comments, Activities, Updates</p> <p>Marika Collins noted that Casa Pacifica had to evacuate its campus on November 8 due to the Hill Fire. About 35 children and youth stayed temporarily in training rooms on Flynn Road. Casa Pacifica is looking at possible evacuation buildings in the event of future emergencies.</p>		
X.	<p>Items for the Next Meeting Agenda</p> <ol style="list-style-type: none"> A. Finalize the Action Plan. B. Pam Roach requested a review and update of the Safety Plan. 		
XI.	<p>Adjourn</p> <p>The meeting adjourned at 11:45 a.m.</p>		