

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD  
 BHAB PREVENTION COMMITTEE  
 1911 WILLIAMS DRIVE, STE. 210, LAKE TAHOE CONFERENCE ROOM, OXNARD, CA**

**MINUTES □ May 14, 2019**

|  |  |
|--|--|
| <p><b><u>Present</u></b><br/>         Janis Gardner, Chair BHAB Prevention Committee, BHAB Member<br/>         Marlen Torres, BHAB Member<br/>         Patricia Mowlavi, BHAB Member<br/>         Hunter Poulson, Ventura County Office of Education<br/>         June Ewart, Community Coalition United (CCU)<br/>         Katherine Kasmir, Straight Up<br/>         Robert Dangal, Vista del Mar Hospital<br/>         Theresa Plante, Casa Pacifica<br/>         Vicky Gonzales, Ventura County Public Health (VCPH)<br/>         Yaakov Cahnman, Saving Lives Camarillo (SLC)</p> | <p><b><u>VCBH Staff Present</u></b><br/>         David Tovar, VCBH/ADP Prevention</p> <p><b>NEXT MEETING:</b><br/> <b>Tuesday, June 11, 2019, 3:15 – 4:30 p.m.</b></p> <p>Ventura County Behavioral Health (VCBH)<br/>         1911 Williams Drive, Lake Tahoe Conference Room<br/>         (2<sup>nd</sup> floor), Oxnard, CA 93036</p> |
| <p>Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.</p>  |  |

|             | DISCUSSION/CONCLUSIONS  | RECOMMENDATIONS/<br>ACTIONS | RESPONSIBLE                                |
|-------------|---|-----------------------------|--|
| <b>I.</b>   | <b>Call to Order</b><br>The meeting was called to order at 3:15 p.m. by Chairperson, Janis Gardner.   |                             |  |
| <b>II.</b>  | <b>Welcome and Self-Introductions</b><br>The Chair welcomed all. Self-introductions were made around the table.   |                             |  |
| <b>III.</b> | <b>Approval of the Agenda (Action)</b><br>There was no quorum present to review and motion on the Agenda for May 14, 2019. This item will be revisited at the June 11, 2019 BHAB PC meeting.  | <b>Quorum not present.</b>  | <b>Motion: n/a<br/>2<sup>nd</sup>: n/a</b> |
| <b>IV.</b>  | <b>Approval of the Minutes (Action)</b><br>There was no quorum present to review and motion on the Minutes for April 9, 2019. This item will be revisited at the June 11, 2019 BHAB PC meeting.   | <b>Quorum not present.</b>  | <b>Motion: n/a<br/>2<sup>nd</sup>: n/a</b> |
| <b>V.</b>   | <b>Chair Announcements</b><br>Chair Gardner announced the following: <ul style="list-style-type: none"> <li>• May is Mental Health month. Around Ventura County, there are a lot of mental health events taking place. The VCBH MHSA team is currently very involved with these events.</li> <li>• Suicide Prevention information cards entitled, <i>"Pain isn't always obvious – know the signs"</i> (English &amp; Spanish versions) were distributed to the group.</li> </ul>  |                             |  |
| <b>VI.</b>  | <b>Public Comments</b> <ul style="list-style-type: none"> <li>• June Ewart, Community Coalition United, announced an upcoming event on Thursday, May 30, at the Ruben Castro Human Services Center at 612 Spring Road in Moorpark, CA. They are having a 2019 call to current informer justice involved youth for ages 16 to 25. They are looking to create a safe place for youth to come and talk about their experiences and youth justice systems 101, and involve them in the reform work which is currently happening in Ventura County.</li> <li>• In addition, CCU is working on creating a Youth Advisory Council.</li> </ul>  |                             |  |
| <b>VII.</b> | <b>Staff / Provider Updates</b> <p><b>A.)</b> David Tovar, Office of Traffic Safety (OTS) Grant Coordinator, VCBH Alcohol &amp; Drug Program Prevention Services gave announcements that included:</p> <ul style="list-style-type: none"> <li>• It is contract season right now and Prevention Services is very busy with updating contracts and changing them up for the new fiscal year beginning on July 1, 2019.</li> </ul> <p><b>B.)</b> Yaakov Cahnman, Community Coordinator, Saving Lives Camarillo, announced that:</p> <ul style="list-style-type: none"> <li>• SLC is hosting a Town Hall Meeting for 1 hour on the evening of Tuesday, May 14. Panelists will be representing different segments of the Camarillo community.</li> <li>• Topics will include prevention information on alcohol, vaping, opioids, and, mental health.</li> <li>• Coalition meetings are held the last Tuesday of every month and are located at Saving Lives Camarillo at 5800 Santa Rosa Road, Ste. 114, Camarillo.</li> </ul> |                             |  |

|              |   |  |  |
|--------------|---|--|--|
|              | <ul style="list-style-type: none"> <li>The public is always welcome. For more information, please call: 805.322.4753.</li> <li>At 1 p.m. on Sunday, May 19, at the CVS on Santa Rosa Road in Camarillo, Vicky Gonzales, VCPH, will be conducting a data collection training for the “Healthy Stores for Healthy Communities” project.</li> </ul> <p><b>C.)</b> Katherine Kasmir, Executive Director, Straight Up, briefly mentioned the following:</p> <ul style="list-style-type: none"> <li>Good things are wrapping up for the current school year including hundreds of student videos made this past year.</li> <li>Over 10,000 youth have gone through Straight Up’s workshops.</li> </ul> <p><b>D.)</b> Vicky Gonzales, Ventura County Public Health shared the following items:</p> <ul style="list-style-type: none"> <li>VCPH is in the currently data collecting throughout Ventura County for the “Healthy Stores for Healthy Communities” campaign which looks at the retail environment concerning tobacco, alcohol, condoms and nutrition – this includes vaping product marketing and sales.</li> <li>With 666 stores in total, and about 25 data collectors, these efforts are halfway complete.</li> <li>Volunteers for this campaign include some VCBH ADP Prevention Providers such as: Saving Lives Camarillo and Straight Up.</li> <li>For the next 6 months, VCPH is conducting public opinion polls in the community and elicit conversations about health in retail environments.</li> </ul>   |  |  |
| <b>VIII.</b> | <p><b>Prevention Committee Member Comments</b></p> <p>Marlen Torres, BHAB Member, stated that she recently attended the Mixteco Indigenous Conference that was mentioned during last month’s BHAB PC Meeting. There was a lot of good information offered at this event.</p>  |  |  |
| <b>IX.</b>   | <p><b>Time Certain Presentation (3:45 pm):</b> David Tovar, Office of Traffic Safety (OTS) Grant Coordinator, VCBH Alcohol &amp; Drug Program Prevention Services presented information on the: <i>“National Rx Drug &amp; Heroin Abuse Summit”</i> recently held in Atlanta, GA. The following information was shared with the group:</p> <ul style="list-style-type: none"> <li>In April 2019, participants from VCBH Administration attended this annual high profile event.</li> <li>A team from VCBH was selected to present an overview of Ventura County Rx Drug &amp; Heroin Abuse prevention efforts which included a PowerPoint presentation.</li> <li>There were approximately 4000 people in attendance at this event.</li> <li>Within the VCBH presentation, they included information on how we created t and measure the effects of our Naloxone program/Overdose Prevention.</li> <li>Every naloxone kit that is distributed by VCBH, there is the initial fulfillment and a refill process. Each kit includes a form that helps gather the statistics behind each use of this Overdose Prevention Program kit effort.</li> <li>The Ventura County’s OD program are an innovative program the United States.</li> <li>Prescription drug &amp; heroin abuse is happening in Ventura County and around the nation but we also need to watch the rise in amphetamine and methamphetamine.</li> <li>United States President Donald Trump and his wife, U.S. First Lady Melania Trump, spoke at the Summit. President Trump mentioned a couple of new funding sources for Prevention and Treatment, while is main focus was generally on law enforcement and on stopping the flow of drugs into the United States.</li> <li>More information on this event can be found here: <a href="https://www.drugabuse.gov/news-events/meetings-events/2019/04/rx-drug-abuse-heroin-summit">https://www.drugabuse.gov/news-events/meetings-events/2019/04/rx-drug-abuse-heroin-summit</a></li> </ul> |  |  |
| <b>X.</b>    | <p><b>New Business</b></p> <ul style="list-style-type: none"> <li>Group discussion was held about FY 2019-20 BHAB Prevention Committee objectives. Chair Gardner mentioned the possibility of focusing on some of the following issues: methamphetamine use, vaping, opioids, related mental health issues, and, promoting education and collaboration with other Ventura County sectors to be sure that there is consistent cross-county messaging.</li> <li>Group discussion was held about future BHAB PC meeting Time Certain presentations which could possibly include youth videos from Saving Lives Camarillo, Straight Up, and, VCOE.</li> </ul>   |  |  |
| <b>XI.</b>   | <p><b>Adjourn</b></p> <p>Meeting was adjourned at 4:30 p.m.</p>   |  |  |