

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
 BHAB PREVENTION COMMITTEE
 1911 WILLIAMS DRIVE, VCBH TRAINING ROOM, OXNARD, CA**

MINUTES □ March 13, 2017

<p><u>Prevention Committee Members Present</u> Janis Gardner, Chair Claudia Armann David Deutsch, NAMI Ezequiel A. Sanchez, Pacific Clinics TAY Tunnel Karyn Bates, The Client Network Katherine Kasmir, Straight Up Lori Litel, United Parents Mark Stadler, Crisis Intervention Team (CIT) Patricia Mowlavi Sandra Wolfe</p> <p><u>Others Present</u> Darla Dixon, Intensive Family Services Program Gabe Teran, Ventura County Office of Education (VCOE) Martha Montesinos, CalFresh – Food Share Robert Pacheco, Ventura County Probation</p>	<p><u>VCBH Staff Present</u> Dan Hicks, Alcohol & Drug Programs, Prevention Services David Tovar, Alcohol & Drug Programs, Prevention Services Kathy Mulford, Alcohol & Drug Programs, DUI Program Cari Kawell, Alcohol & Drug Programs, Prevention Services</p> <p>NEXT MEETING: Monday, April 10, 2017, 3:15 – 4:30 p.m.</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Training Room (first floor), Oxnard</p>
<p>Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.</p>	

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order The meeting was called to order at 3:16 PM by Chairperson, Janis Gardner.		
II.	Approval of the Agenda (Action) Agenda for March 13, 2017 was approved as written.	Approved as written M/S/C	
III.	Approval of the Minutes (Action) Minutes for February 13, 2017 were approved as written.	Approved as written M/S/C	
IV.	Welcome and Introductions The Chair welcomed all. Self-introductions were made around the table.		
V.	Chair Announcements N/A		
VI.	Public Comments Martha Montesinos, CalFresh Outreach Manager provided an overview of Ventura County Food Bank services and distributed packets of Food Pantry Information. More details at: 805. 983.7100 Ext. 136 - http://www.foodshare.com/calfresh/		
VII.	Staff/Provider Updates A.) Dan Hicks, Manager, ADP Prevention Services, shared that a main focus area of Prevention is the link between prescription opiate (pain killers) abuse and heroin. One in five High School Juniors in Ventura County have used a pain killer to get high. Also in Ventura County, between 60 and 100 people are lost each year to drug overdose. A year ago, the Rx Drug & Heroin Workgroup shared with local doctors the CDC guidelines around safe opioid prescribing. A cover letter from a 2016 Rx Workgroup mailing was shown to the group. As part of this same messaging package, before it was required by CA State Law for CA doctors to use the prescription drug monitoring program - C.U.R.E.S. – the Controlled Substance Utilization Review and Evaluation System, ADP Prevention Services encouraged doctors to sign up for and use the system, by explaining its features and benefits. The focus is to make sure that the safety practices in the healthcare environment routinely involve use of the C.U.R.E.S system to ensure safe prescribing for patients who are taking multiple prescription substances, and prevent “doctor shopping.”		

The Prescription Drug Monitoring Program, assists responsible medical professionals by allowing them to log-in to a web-based portal which facilitates coordination between providers and pharmacists, as well as other physicians.

Mr. Hicks distributed the “Plane of Pills” flyer, an example of the Prevention Services messaging that educates people about the upstream side of the topic of prescription pain killers. Prescription Pain killers affect a number of aspects of Prevention including Drug Impaired Driving and the Naloxone Distribution Program. Many Ventura County residents are opioid dependent which can lead to heroin addiction. For more information, please visit: www.venturacountylimits.org

Mr. Hicks discussed the Social Host Ordinance which states that you are civilly liable for hosting a party where underage people are furnished with alcohol. There has been a marked reduction in the social availability of alcohol in the last 10 years in Ventura County which is mirrored in last 30 day and binge drinking among teenagers. These numbers are decreasing significantly as measured by the California Healthy Kids Survey.

- B.)** Gabe Teran, Project Specialist, VCOE, Comprehensive Health and Prevention Programs, Friday Night Live, announced a number of items that included the recently held “Teens Kicks Ash” Youth Conference featuring Dr. Victor J. DeNoble as the keynote speaker on Feb 28th (200 high school students) and March 2nd (200 middle school students). In between these conference days, there were 3 school site visits with Dr. DeNoble to 3 Ventura County High Schools that included: Rancho Campagna, Hueneme High School and Oxnard High School.

In addition, the annual VCOE FNL Youth Leadership Conference that is planned by Ventura County Youth is going to be held on Saturday, March 16th at Pacifica High School in Oxnard. More info at: www.fnlyc.com

FNL is a Statewide Youth Leadership program that offers young people opportunities to be involved in meaningful projects and gain leadership skills along the way.

- C.)** Mark Stadler, CIT Program Administrator, Crisis Intervention Team, announced that two weeks ago, there was a presentation for the CIT Officer of the Year for the BHAB Advisory Board. The 7 nominees from across Ventura County for this year’s award were: Deputy Chandra Pugh (VCSO – Camarillo PD), Officer Jeff Wojnarowski (Ventura PD), Officer Angelica Duran (Oxnard PD), Officer Dan McCarthy (Santa Paula PD), Officer Ronald Davis (Port Hueneme PD), Officer Don Anderson (Simi Valley PD), Deputy Gabriel Viesca (VCSO – Fillmore PD), and Senior Deputy Michael Schultz (VCSO – Thousand Oaks PD).

An additional award was recognized by the Port Hueneme Police Dept. for having 100% of their officers CIT trained. Also highlighted were the CIT partnerships with: VCBH, who provides 1/3 of the funding for the CIT program; VC Law Enforcement; and, the National Alliance for Mental Illness (NAMI). CIT is not just a law enforcement program, it is rather, a combination of 3 organizations that assist in the success that the CIT program has had for the last 16 years.

- D.)** David Deutsch, Director, NAMI Ventura, promoted the upcoming NAMI Walk Fundraiser on Saturday, May 6, 2017 beginning at 10 am at the Ventura Beach Promenade. To register to walk or to make a donation (optional) visit: <http://namiventura.org/walk/>

- E.)** Katherine Kasmir, Executive Director, Straight Up, promoted several upcoming “Reality Parties” for parents. Located in and supported by Ventura County, the dates are: Sunday, April 2nd (English “Reality Party”) in Camarillo with Saving Lives Coalition; Saturday, April 22nd (Spanish “Reality Party”) – in Camarillo OR Oxnard; and, Saturday, April 29th (English “Reality Party”) in Thousand Oaks. For more information and/or to register, visit: www.straightupvc.org

Through Straight Up’s interactive workshops with young people in Ventura County, Ms. Kasmir’s team had gathered information that teen parties were out of control with excessive drinking, drugs and sex. It was determined that parents need to have more relevant discussion with their kids and other parents around these issues to understand today’s culture.

Straight Up created the “Reality Party” where parents come to a home or an event center. While narrating, a tour guide takes a group of parents through each room to see how the social situation plays out. After these 30 minute performances, the parents sit down in a circle with Law Enforcement, School Counselors, and Prevention and Treatment professionals to talk about how they can change the culture among parents in a way that supports change for their kids. There are 8 to 10 tours at each event.

	<p>Another “Reality Party” event, which is not affiliated with the County, but, will involve Ventura County Youth & Families, will be on Saturday, March 25 in Agoura Hills at the Agoura Hills Recreation & Event Center.</p> <p>Ms. Kasmir mentioned that Straight Up is always looking for youth volunteers (High School or older) to participate in these “Reality Parties” for either community service hours that are court ordered, or, just to do something fun in the community. For more information and/or to volunteer please contact: Rachel Jones, Straight Up Ventura County at: rachel@straightupvc.org</p>		
VIII.	Prevention Committee Member Comments N/A		
IX.	<p>Time Certain Presentation</p> <p>Gabe Teran, Project Specialist, VCOE, Comprehensive Health and Prevention Programs, provided a presentation overview of safeTALK. Within Ventura County, through the Mental Health Services Act (MHSA), VCOE has partnered with VCBH to provide Suicide Prevention and Awareness for the community and for schools. One of the strategies that is used within Ventura County is the training of a program called safeTALK - a program developed by LivingWorks – www.livingworks.net.</p> <p>Living Works is an organization that works to create more awareness about suicide and has a number of levels of training – from a community presentation to assist people in dialoguing about suicide; to this presentation that was presented as the Time Certain Presentation today at the March 13, Ventura County BHAB Prevention Committee Meeting (a way to identify and connect people who are having thoughts of suicide), to an even more intense level of intervention training called “ASIST.” There are a number of ASIST (Applied Suicide Intervention Skills Training) trained people within Ventura County through LivingWorks and VCOE. The ASIST trainers and the safeTALK trainings are available to the community - free of charge.</p> <p>safeTALK is an acronym which stands for “s” – suicide – “a” – alertness – “f” – for – “e” – everyone – “T” – tell – “A” – ask – “L” – listen – “K” – keep safe. The two main objectives of safeTALK are: to help people identify persons who might be having thoughts of suicide, and, to get them to start talking about it; AND, to be able to connect those people to others who can help them through that crisis. This is not suicide intervention work, it is, instead, suicide identification and, then subsequently, connecting those people with an actual suicide interventionist.</p> <p>Within this presentation, Mr. Teran shared 2 videos that were created by VCOE after holding some focus groups. These video shorts have subsequently become utilized at a national level for safeTALK suicide prevention and awareness trainings.</p> <p>A free safeTALK training will be held on Thursday, April 20, 2017 from 2 pm to 5 pm in the Oxnard Room at the VCOE Conference & Educational Services Center at 5100 Adolfo Rd., Camarillo. Space is limited.</p> <p>To schedule a safeTALK training, contact Kris Trotsky – ktrotsky@vcoe.org or call 805.437.1370.</p>		
X.	<p>New Business</p> <p>Janis Gardner, Chair, BHAB Prevention Committee Chair discussed with the group, possibilities for a presenter for the April Time Certain Presentation for the BHAB Prevention Committee.</p> <p>Katherine Kasmir, Executive Director, Straight Up Ventura County, suggested that one of their young adults might come and talk about the Prevention aspect of the Straight Up “Reality Parties.”</p>		
XI.	<p>Old Business</p> <p>Janis Gardner, Chair, BHAB Prevention Committee Chair stated that the FY 2015/2016 BHAB Annual Report recently was reviewed by the Ventura County Council and has been finalized. The Ventura County Board of Supervisors will now, for the first time, be able to review in the Annual Report, the efforts and accomplishments of the Ventura County BHAB Prevention Committee along with the many activities of the other BHAB Committees.</p>		
XII.	Future Meeting Discussion N/A		
XIII.	Adjourn Meeting was adjourned at 4:12 PM.	Next Meeting: Apr 10, 2017	