

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD  
 BHAB PREVENTION COMMITTEE  
 1911 WILLIAMS DRIVE, VCBH TRAINING ROOM, OXNARD, CA**

**MINUTES □ April 10, 2017**

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| <p><b><u>Present</u></b><br/>         Janis Gardner, Chair, BHAB Member<br/>         Sandra Wolfe, BHAB Member<br/>         David Deutsch, NAMI<br/>         Ezequiel A. Sanchez, Pacific Clinics TAY Tunnel<br/>         Josh Tirado, Telecare VIPS<br/>         Katherine Kasmir, Straight Up<br/>         Mark Stadler, Crisis Intervention Team (CIT)<br/>         Mitchell Boring – Straight Up<br/>         Sara Cook, Vista del Mar Hospital<br/>         Theresa Plante, Casa Pacifica</p> | <p><b><u>VCBH Staff Present</u></b><br/>         Dan Hicks, Alcohol &amp; Drug Programs, Prevention Services<br/>         Cari Kawell, Alcohol &amp; Drug Programs, Prevention Services</p> <p><b>NEXT MEETING:</b><br/> <b>Monday, May 8, 2017, 3:15 – 4:30 p.m.</b></p> <p>Ventura County Behavioral Health<br/>         1911 Williams Drive, Training Room (first floor), Oxnard</p> |
| <p>Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.</p>  |   |

|      | DISCUSSION/CONCLUSIONS  | RECOMMENDATIONS/<br>ACTIONS  | RESPONSIBLE |
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| I.   | <b>Call to Order</b><br>The meeting was called to order at 3:22 PM by Chairperson, Janis Gardner.   |                              |             |
| II.  | <b>Approval of the Agenda (Action)</b><br>Agenda for April 10, 2017 was approved as written.  | Approved as written<br>M/S/C |             |
| III. | <b>Approval of the Minutes (Action)</b><br>Minutes for March 13, 2017 were approved as written.   | Approved as written<br>M/S/C |             |
| IV.  | <b>Welcome and Introductions</b><br>The Chair welcomed all. Self-introductions were made around the table.  |                              |             |
| V.   | <b>Chair Announcements</b><br>Janis Gardner, Chair, BHAB Prevention Committee, congratulated Patricia Mowlavi, Chief Financial Officer of Gold Coast Health Care, on her reappointment to the Behavioral Health Advisory Board (BHAB) and as a new member of the BHAB Prevention Committee.<br><br>Chair Gardner invited the BHAB PC Meeting attendees to the upcoming NAMI 5K Walk on Saturday, May 6 <sup>th</sup> , 2017. Also mentioned was the Immigration Forum called “Know Your Rights” which was organized by the Mexican Consulate and will take place on Monday, April 17 <sup>th</sup> at 7 pm at 2640 Alvarado St. in Oxnard.<br><br>In addition, Chair Gardner reminded the group that moving forward, any Public Comments must be submitted for review, by filling out the Public Comment card prior to the Public Comments portion of the Agenda. |                              |             |
| VI.  | <b>Public Comments</b><br>None  |                              |             |
| VII. | <b>Staff/Provider Updates</b><br><b>A.)</b> Dan Hicks, Manager, ADP Prevention Services, distributed to the group, the Smart Phone friendly “MJ Fact Check” (English & Spanish versions with more info at www.mjfactcheck.org) along with two additional Prevention Services publications: the “White Paper: What the Science Says About the Adolescent Use of Cannabis,” and, the “Adult Use of Marijuana Act (AUMA) Policy Report: The 2016 California Marijuana Initiative and Youth: Lessons from Alcohol Policy.”<br><br>This AUMA Policy Report is particularly relevant since the CA Governor just came out with his legislative plan for how he proposes to better integrate regulation at the State Level for adult medical and non-medical cannabis use. There hasn’t been a time when the minds of young   |                              |             |

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|              | <p>people have been more at stake than the next few months. At the State level, there will be consideration of the “right kind” of regulation to prevent teen and young adult harms for still-developing brains. There are State level legislators who want to know what their constituents think – how do we go from 20 years of not a lot of attention to the regulatory scheme to the last 2 years of having all kinds of regulatory things put together for medical and non-medical cannabis use? The above-mentioned Prevention Services publications were shared to give examples of the kind of work that has been done by Prevention Services regarding cannabis regulation to protect youth.</p> <p>Mr. Hicks also discussed overdose deaths and mentioned that a Tuesday, April 11<sup>th</sup> 10 am Time Certain Proclamation would be given at the Ventura County Board of Supervisors’ meeting regarding safe and secure prescription drug disposal which is tied to a larger initiative of reducing supply. For the prescription drug epidemic and its association with heroin, the emphasis at the national, state and local levels, has been on reducing both supply and demand, and saving lives.</p> <p>One of the biggest countywide objectives of the VCBH Rx Drug &amp; Heroin Workgroup is to take down the social availability (decrease the supply) of painkillers and other prescription abuse-able drugs.</p> <p>In addition, there is a new display sponsored by VCBH ADP Prevention Services for April 2017 at the Ventura County Government Center’s Hall of Administration, featuring information on Safe &amp; Secure Prescription Drug Disposal’s 2017 “Every Day Is Take Back Day.” There are two videos on “<i>Safe Prescribing</i>” and “<i>The Faces of Addiction</i>” and a pillar sign that says “<i>Heroin Here?</i>” which talks about the connection between prescription opioids and heroin in Ventura County. In 2013, Ventura County lost 93 people to opioid overdose. The goal of the Rx Drug &amp; Heroin Workgroup is to cut that in half to 47, and eventually, to zero.</p> <p><b>B.)</b> Mark Stadler, CIT Program Administrator, Crisis Intervention Team, announced that CIT is prepping to do their quarterly countywide briefings. This month CIT is presenting Tarasoff Notifications and Gun Violence Restraining Orders. CIT is providing a training to Law Enforcement (L.E.) on Tarasoff Notifications which are required by licensed clinicians for when their patient makes a threat toward someone. Clinicians are required to take steps to notify L.E. who then documents that a threat has been made, and attempts to notify the threatened person. Law Enforcement then notifies the clinician whether or not contact was made. In 33 states the Tarasoff Notifications are mandatory.</p> <p>CIT is also providing a training to L.E. on how to utilize Gun Violence Restraining Orders that went into effect on January 1st, 2016 as a result of the shooting that happened three years ago in Santa Barbara.</p> <p><b>C.)</b> David Deutsch, Director, NAMI Ventura promoted the upcoming NAMI Ventura 5K Walk Fundraising event on Saturday, May 6<sup>th</sup>, at the Promenade in Ventura. The event begins at 10 am and the walk begins at 10:30 am. This is the largest NAMI Fundraiser of the year and is what makes it possible to offer all the NAMI classes, programs and services at “no charge” to anyone at any time. This event also allows NAMI Ventura to raise awareness about mental health issues in Ventura County and share how many people are participating in the treatment system as clients and treatment providers.</p> <p><b>D.)</b> Ezequiel Sanchez, Pacific Clinics TAY Tunnel reported that this was his last month attending the BHAB PC Meetings as he will soon be attending the University of California, Santa Barbara.</p> <p><b>E.)</b> Josh Tirado, Telecare VIPS updated the group with the new building address for VIPS, located at: 1746 S. Victoria Ave., Ste. 220, Ventura, CA - Main Phone: 805.477.9848. VIPS provides counseling services for 16 to 25 year olds who are showing early warning stages of psychosis. The VIPS West Ventura County facility has reached max capacity, and, the East Ventura County facility is currently open to referrals (35 max capacity).</p> |  |  |
| <b>VIII.</b> | <b>Prevention Committee Member Comments</b><br>None  |  |  |
| <b>IX.</b>   | <b>Time Certain Presentation</b><br>Mitchell Boring, Reality Improv Connection, Inc. Straight Up presented a Power Point presentation called, “Countywide Youth Engagement” and gave an overview of Straight Up’s techniques for social change theatre. These methods engage youth and young adults (ages 12 – 25) in changing community and social norms with respect to behaviors, attitudes, perceptions, policies, and, environments that accept, allow and sometimes encourage risky behaviors which may contribute to problems and tragedies.  |  |  |

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|              | <p>The social change opportunities that Straight Up offers, enable youth to interact with parents in a variety of settings. Straight Up also holds events through partnerships with Moorpark, Oxnard and Ventura colleges as well as Cal-State University Channel Islands; and, they work with students on their internships for capstone projects.</p> <p>During Straight Up's "Reality Parties," actors from Straight Up present a variety of important issues. Straight Up offers a variety of outreach opportunities to parents and the community through forums, panels and presentations including volunteer recruitment for the "Be the DD and Win!" campaigns and other community Prevention events.</p> <p>Straight Up also engages youth in Video Production opportunities to support Prevention initiatives including Public Service Announcements (PSAs), Podcasts, Multimedia Presentations and Video Documentation. More information at <a href="http://www.youtube.com/straightupvc/">www.youtube.com/straightupvc/</a></p> |  |  |
| <b>X.</b>    | <p><b>New Business</b><br/> Janis Gardner, Chair, BHAB Prevention Committee Chair mentioned that she was joining multiple people from VCBH including: Patrick Zarate, VCBH Chief Operating Officer / ADP/DUI Division Manager; Dr. Brian Taylor, Medical Director, VCBH; and, Dan Hicks, Manager, ADP Prevention Services. All will be attending the upcoming National Rx Drug Abuse and Heroin Summit in Atlanta, GA, from April 17 – 20, 2017.</p> <p>This annual international conference addresses the Opioid Crisis and provides a venue for a wide variety of attendees to convene including: clinicians, counselors, social workers, therapists, psychologists, interventionists, physicians, psychiatrists, nurses, pharmacists, dentists, law enforcement personnel, public health and prevention officials, federal, state and local officials, lawmakers, and more.</p>   |  |  |
| <b>XI.</b>   | <p><b>Old Business</b><br/> None</p>   |  |  |
| <b>XII.</b>  | <p><b>Future Meeting Discussion</b><br/> Janis Gardner, Chair, BHAB Prevention Committee Chair reminded the group that the BHAB PC Time Certain Presentation typically alternates between ADP Prevention Services and MHSA Prevention and that for the May 8<sup>th</sup> BHAB PC Meeting, it was time for an MHSA Prevention speaker presentation.</p>  |  |  |
| <b>XIII.</b> | <p><b>Adjourn</b><br/> Meeting was adjourned at 4:30 PM.</p>   |  |  |