

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
BHAB PREVENTION COMMITTEE
1911 WILLIAMS DRIVE, STE. 210, LAKE TAHOE CONFERENCE ROOM, OXNARD, CA**

MINUTES □ April 9, 2019

<u>Present</u>	<u>VCBH Staff Present</u>
Janis Gardner, Chair BHAB Prevention Committee, BHAB Member Claudia Armann, BHAB Member Mary Haffner, BHAB Member Patricia Mowlavi, BHAB Member Anthony Marron, Pacific Clinics TAY Tunnel Dr. Heidi Christensen, Ventura County Office of Education (VCOE) Diana Hernandez, The Client Network Katherine Kasmir, Straight Up Kevin Janeway, The Client Network Mark Stadler, Crisis Intervention Team (CIT) Theresa Plante, Casa Pacifica Yaakov Cahnman, Saving Lives Camarillo (SLC)	Dan Hicks, VCBH/ADP Prevention David Tovar, VCBH/ADP Prevention Cari Kawell, VCBH/ADP Prevention

Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ACTIONS	RESPONSIBLE
I.	Call to Order The meeting was called to order at 3:17 p.m. by Chairperson, Janis Gardner.		
II.	Welcome and Self-Introductions The Chair welcomed all. Self-introductions were made around the table.		
III.	Approval of the Agenda (Action) Agenda for April 9, 2019 was approved as written.	Approved as written. M/S/C	Motion: Claudia Armann 2 nd : Patricia Mowlavi
IV.	Approval of the Minutes (Action) Minutes for March 12, 2018 were approved as written.	Approved as written. M/S/C	Motion: Patricia Mowlavi 2 nd : Janis Gardner
V.	Chair Announcements Chair Gardner announced the following: <ul style="list-style-type: none"> • May 2019 is Mental Health month. • May 12 – 18, 2019 is National Prevention week. • The NAMI new open house will be on May 14, 2019 at 555 Airport Way, directly across from Phoenix School in Camarillo. • The Ventura County Medical Examiner's Office released statistics regarding overdose deaths which included: total overdose deaths jumped by 49 between 2016-17 and only increased by 5 between 2017-18; and, accidental overdoses rose by 37 between 2016-17, whereas between 2017-18, it rose by 14. • Of the specific drug types in categories, the largest increase in 2018 involved methamphetamine. It was up 28 persons compared to 2017. • The highest rate of overdose deaths in 2018 was between 51 and 60 years of age. • Of the 40 deaths involving benzodiazapine, all were mixed substance overdoses with the exception of 1 suicide. 		
VI.	Public Comments N/A		
VII.	Staff / Provider Updates A.) Dan Hicks, Manager, VCBH Alcohol & Drug Programs Prevention Services reported the following: <ul style="list-style-type: none"> • There has been an opioid awareness campaign flyer distributed to Ventura County employees (endorsed by Mike Powers) which takes the form of a medicine cabinet that opens up to educate people in English & Spanish. This is an example of employee population messaging. • Copies of the new informational piece were distributed to the group. • As a result of a recent successful grant proposal to the Federal Department of Justice, VCBH ADP Prevention received almost \$1 million to support the County Opioid Abuse Suppression Task Force project (COAST project). This project will focus on the opioid supply side with providers, and then, looking at the pattern of providers 		

	<p>and what role the distributors, manufacturers and promoters of pharmaceuticals play in the equation of costs to our community and what we can do to change the pattern of over-reliance on opioids for pain management.</p> <p>B.) David Tovar, Office of Traffic Safety (OTS) Grant Coordinator, VCBH Alcohol & Drug Program Prevention Services gave announcements that included:</p> <ul style="list-style-type: none"> • Copies of the cannabis policy map entitled, "<i>Ventura County Cannabis Policy Snapshot – As of February 28, 2019</i>" informational piece was distributed to the group. • The cannabis policy map lays out each of the 11 jurisdictions, 10 cities and the unincorporated area of Ventura County which notes the different cannabis policies and ordinances they have in place. • Recently, the City of Port Hueneme held a meeting called "A Year in Review of Cannabis." Port Hueneme has had cannabis businesses open for the past year, so they wanted to talk about the issues that are going on and how certain issues were being mitigated. • There are currently 6 retail cannabis businesses in Port Hueneme, 3 in Ojai, and 1 may open in Thousand Oaks. • VCBH has provided the cannabis dispensaries approximately 90,000 cannabis cards entitled, "<i>Keep Cannabis Away From Kids</i>" (English/Spanish) that talk about impaired driving and youth access in keeping cannabis away from adolescents. <p>C.) Yaakov Cahnman, Community Coordinator, Saving Lives Camarillo, shared multiple announcements that included:</p> <ul style="list-style-type: none"> • Copies of the Saving Lives Camarillo upcoming event flyer entitled, "<i>Town Hall Panel Discussion – 4 Perspectives on Drug Prevention</i>" were distributed. • This free event will be held on Tuesday, May 14th at the Camarillo Library. The public is welcome. <p>D.) Katherine Kasmir, Executive Director, Straight Up, gave the following updates:</p> <ul style="list-style-type: none"> • The upcoming April 27th, "<i>Reality Party for Parents</i>," is almost sold out. To sign up, please visit: www.straightupvc.org/register • Straight Up's "Vaping" presentation is currently their most popular topic with adults/parents. These presentations have taken place at police departments, school sites and more. • As a youth advocacy business, Straight Up seeks to facilitate meaningful conversation between youth and parents with a recent focus on vaping, cannabis and opioids. • Straight Up facilitates conversations with law enforcement, school staff, counselor associations, parent groups. <p>E.) Anthony Marron, Pacific Clinics' TAY Tunnel, promoted an upcoming TAY Tunnel event and distributed related flyers for the TAY Tunnel Spring Open House which will be held each Thursday, from April 4th thru May 2 at Pacific Clinics' TAY Tunnel 141 West Fifth St., Ste. D, Oxnard.</p> <p>F.) Mark Stadler, Crisis Intervention Team (CIT) reported the following:</p> <ul style="list-style-type: none"> • CIT will be working with the State of California finalizing a new curriculum for the CIT Academy. This will be a new 4 hour class on de-escalation and the Academy's 1st formal block of instruction on this topic. • A training video is also being created showing various de-escalation scenarios and techniques. This video will be distributed statewide to law enforcement agencies for training their more experienced officers. • In May, Mr. Stadler will be attending a "Train the Trainer" event at the SAMSHA GAINS Center to teach trauma-informed care for law enforcement personnel. <p>G.) Diana Hernandez, The Client Network, announced that on Friday, April 12 from 11 a.m. to 1:30 p.m. at Buena Lanes in Ventura, they are having their annual bowling event called "<i>Strike out Stigma</i>."</p>	
VIII.	Prevention Committee Member Comments Claudia Armann, BHAB Member, announced that MICOP (the group that works with the indigenous Mixteco population) is holding their " <i>Indigenous Knowledge Conference</i> " on April 26 th from 9 a.m. to 3:30 p.m. at Oxnard College.	
IX.	Time Certain Presentation (3:45 pm): Dr. Heidi Christensen, Ventura County Office of Education, presented a PowerPoint called: " <i>Latest Trends from the California Healthy Kids Survey</i> " which included the following: <ul style="list-style-type: none"> • The California Healthy Kids Survey (CHKS) is a comprehensive data collection system that includes data on youth health and risk behavior. The core module 	

	<p>highlights alcohol, tobacco and other drug use; school culture and climate; and, physical and mental health.</p> <ul style="list-style-type: none"> • The CHKS survey is administered to all 7th, 9th, 11th grade, and Alternative School students. • Only school districts with TUPE funding are required to participate in the CHKS. • In 2018, the total number of Ventura County students (7th, 9th and 11th grades) who participated in the CHKS was 22,550. • Some critical challenges for many of Ventura County's Youth include the following: using alcohol, tobacco, and other drugs and engaging in binge drinking; bullying; disconnection from school and the community. These challenges prevent young people from reaching their potential and leading healthy and successful lives. • Early alcohol use leads to alcoholism; permanently damages the developing brain; and, underage drinking is a factor in nearly half of all teen car accidents. • Youth who smoke are significantly more likely than non-smokers to: engage in alcohol and other drug use; be involved in violence and gang membership; and, experience school-related problems and disengagement. • Half the people who smoke today will eventually be killed by tobacco. • Greater marijuana use is associated with lower performance in school; as perception of risk decreases, youth marijuana use increases; and, there may be changes in attitudes toward marijuana use and marijuana use rates with the recent legalization of recreational marijuana. • Heroin use and overdose in the U.S. have increased dramatically over the last ten years; and, deaths from heroin overdose nearly tripled from 2010 to 2013. • Research shows that misuse of prescription opioid pain medicine is a risk factor for starting heroin use. • Students with high levels of caring relationships with adults in school are students who answered Pretty Much True or Very Much True in the CHKS survey and felt that at their school, there was a teacher or another adult who really cared about them; noticed when they were not there; and, listened to them when they had something to say. • The following suggestions were given to support VC youth: offer universal support for healthy social/emotional/behavioral development; and, build assets in our youth through small acts of caring. • The following resources for more information were given: CHKS reports (countywide & districtwide) and other resources – https://calschls.org/reports-data/; and, the California Healthy Kids Resource Center – www.californiahealthykids.org 		
X.	Old Business N/A		
XI.	New Business <ul style="list-style-type: none"> • Group discussion was held about possible upcoming BHAB PC Meeting Time Certain Presentations. It was determined that Mark Stadler, C.I.T. could present as well as Dan Hicks and David Tovar with VCBH ADP Prevention Services. 		
XII.	Adjourn Meeting was adjourned at 4:32 p.m.		